

ELIGIBILITY REQUIREMENTS

Virginians with intellectual and developmental disabilities and/or with dual diagnosis

WHO DO WE SERVE?

Male and Female individuals ages eighteen years and older

SERVICE LOCATION

Northern Virginia
(Fairfax, Mclean, Falls Church, Annandale, Manassas, Alexandria, Herndon and Prince William County)



GET IN TOUCH WITH US

Tel: (571) 336-2287

Fax: (877) 543-9437

info@firstcareservicesinc.com

www.firstcareservicesinc.com

4740 Pearson Drive,
Woodbridge, VA 22193

“
Devoted Care
with Gracious Hands

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with Gracious Hands*





KEY OBJECTIVES OF OUR PROGRAM SERVICES

- ✔ To provide training and support to strengthen community-based living in a family like home setting.
- ✔ To provide skills training in the environments where the individual will live, work, recreate, and actually use the skills.
- ✔ To ensure that individuals understand that they are capable of learning skills for improving personal or group power.
- ✔ To facilitate community relationships through various methods of advocacy and one-to-one consultation, community coaching and community engagement.
- ✔ To monitor health and physical condition and provide assistance as needed.
- ✔ To empower the individual to realize personal freedoms, individual rights, and responsibilities.
- ✔ To help individuals understand that they have free choices and can act without external guidance -these services include but are not limited to: training/support relative to basic civil and human rights; morality; values and ethics; healthy decision making.
- ✔ To empowerment individuals to exercise control over their life.



OUR MISSION

Our mission is to support each individual in realizing his/her goals and works with them to achieve independence while fostering dignity and self-respect.

OUR PHILOSOPHY

Our philosophy is that individuals with developmental disabilities are full citizens of the Commonwealth and as such deserve to be fully inclusive and integrated into society.

At First Care, the Individual functions best in a community-based, coordinated system of comprehensive services.

ABOUT US

First Care Services serves adults; male and female, with a primary diagnosis of intellectual disability who may have a secondary diagnosis of mental illness.

Our programs are based on the values that everyone has needs and deserves to belong, to be loved, to be treated with dignity and respect, to be self-directing, and to be recognized for their inherent value as a unique person.

Services are based on a person-centered approach where the individual drives services and Direct Support Professionals act as treatment delivery or intervention facilitators.



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